



Prüfungsprogramm 6. KYU

TACHIWAZA			
Shomenuchi Kiawase	1	Iriminage	
	2	Kotegaeshi	
Katatetori Aihanmi	7	Ikkyo Omote	
	8	Ikkyo Ura	
Katatetori Gyakuhanmi	13	Shihonage Omote	
	14	Shihonage Ura	
Ryotetori	19	Tenchinage	
	20	Genkei-Kokyunage	

